



# Accountable Care Organizations BENEFITS USING PCLS

(Physicians Choice Laboratory Services)



PCLS™

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# The Demands of CMS' Triple Aim Measures

- Population Health  
Health/Functional Status; Risk Status, Disease Burdon, Mortality
- Patient Experience  
Overall experience and perception of their care
- Per Capita Cost  
Cost Containment Per Member, Hospital & ER utilization rate

# PCLS Role with ACO's; Meeting the Triple AIM Measures

- POPULATION HEALTH

- Baseline Testing
- Chronic Disease Management
- Medication Compliance
- Accurate Care Planning

- PATIENT EXPERIENCE

- Precise diagnostics provide better results
- Better clinical based outcomes
- Active Collaboration with healthcare providers

- PER CAPITA COST

- Improved Care Planning leads to less waste
- Avoiding medication/disease mis-match
- Targeted Care leads to preventable Hospital/ER readmissions

“The practice of medicine is not easy...”

The correct diagnosis and course of treatment is NOT always clear!

**ACCURACY + TIME = COST SAVINGS**

PCLS' dedication for precise diagnostics with 48-hour results\* gives our partners virtually immediate data for accurate care planning, treatment and clinical utilization management.

*\*most cases*

# PCLS' role in ACO Collaboration

- Assisting Primary Care Groups in early detection resulting in concise utilization management tools.
- Cost-Savings through ACO global knowledge of patient's health status through initial benchmarking.
- Working with HIE/HIT collaboratives providing data and measurements to be shared by ACO members.
- Coordinated care redefining the importance of clinical labs as an integrator of information and data.
- Cost Containment in Toxicology, Genetics and Personalized Medicine



# **PHYSICIANS CHOICE LABORATORY SERVICES**

## **Integration**

# Why do Toxicology?

**We help monitor prescribed medications to ensure they are being taken as designed and mitigate the risk of cross reaction, drug diversion, drug seeking or abusive behavior.**

# Pain Management

- Mitigate the risk of cross-reaction of medications
- Reduce aberrant behavior
- Prescribe the appropriate medication





# Primary Care



- Create standard protocols to monitor medication use and reduce overuse
- Utilize generics when appropriate
- Reduce hospitalization due to overdose

# OB/GYN



- Monitor medications that lead to at-risk pregnancies
- Reduce the chance of premature births
- Decrease utilization of the NICU

# Substance Abuse/Mental Health



- customizable testing menu for Substance Abuse clinics
- Full sheet of Diagnosis codes
- Creatinine testing
- Validity Markers
- 24 hour screening results and 24-72 hour comprehensive results

# Why we do Genetic Testing?

**In the rapidly advancing field of pharmacogenetics, genetic testing allows providers to accurately predict which patients will benefit most from certain medications.**

# PM – Poor Metabolizer

- Limited or no drug metabolism
- Severely deficient
- Parent drug often accumulates unable to transform parent drug to toxic levels into active metabolite
- At high risk for little or no therapeutic benefit



# What PCLS can do for you

- Integration
- Collaboration
- Technology





# Thank You



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