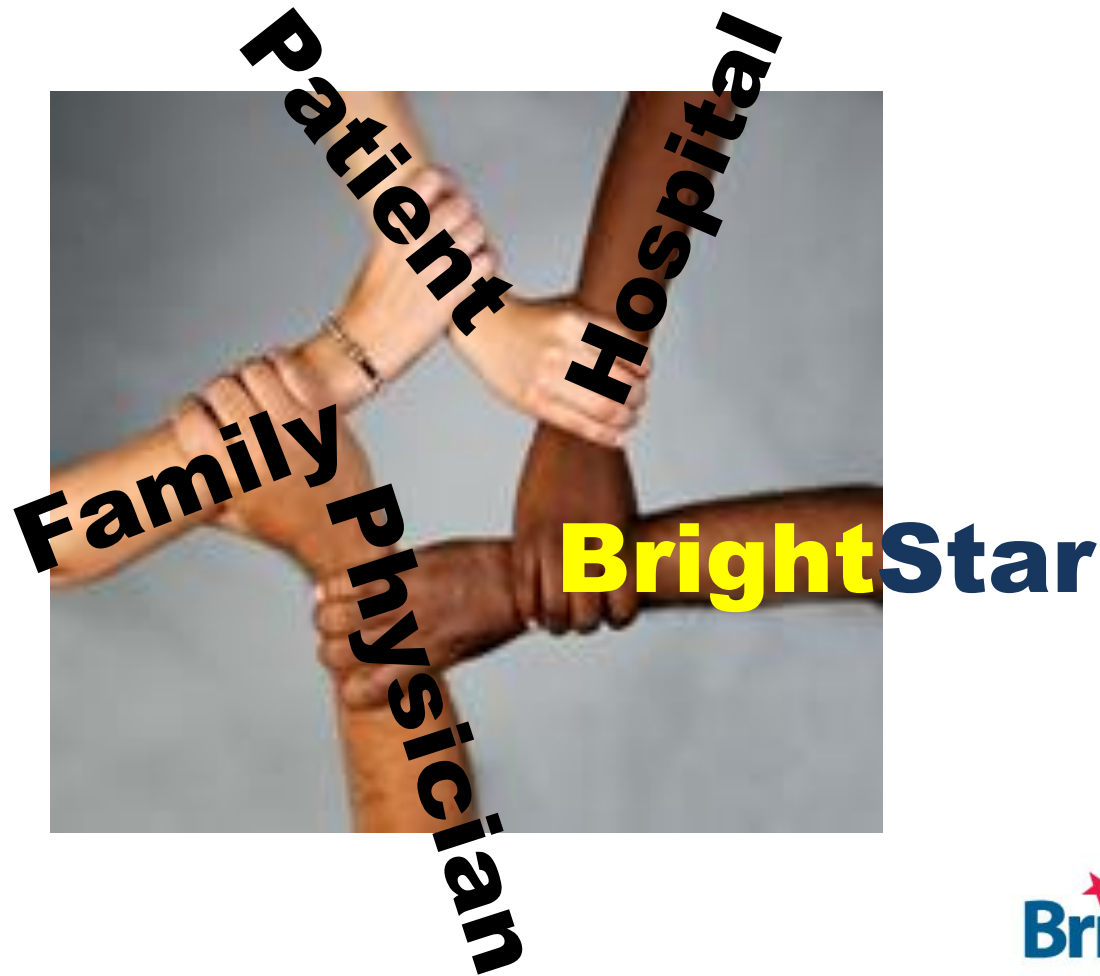




## BrightStar Clinical Pathways/ Disease State Management

# Better Outcomes



# Re-hospitalizations

Although the re-hospitalization rate is often presented as a measure of the performance of hospitals, it may also be a useful indicator of the performance of our healthcare system.

**Rehospitalizations among Patients in the Medicare Fee-for-Service Program**

Stephen F. Jencks, M.D., M.P.H., Mark V. Williams, M.D., and Eric A. Coleman, M.D., M.P.H.

N Engl J Med 2009; 360:1418-1428 [April 2, 2009](#)



# BrightStar's unique "3C" approach

Three part Strategy –

- 1) Communication
- 2) Care Plan Adherence, and
- 3) Complement Medicare home health services

# **Hospital Accelerated Nurse Discharge Services (HANDS)**

- **Faster discharge**
- **First 24-48 hours support in home**
- **RN on-site within 12 hours**
- **CNA transportation & ADL services**

# **Hospital Accelerated Nurse Discharge Services (HANDS)**

- **Focus on discharge orders**
- **Seamless care & coordination**
- **Education/ Support for Lifestyle changes**
- **Communication w/ Case Manager, Physician and Family**
- **Monitoring and reporting**

# **Clinical Pathways Disease Specific Evidence Based Clinical Programs**

- **RN in home visit within 12-24 hours**
- **Focus on chronic disease management**

# RN Coordinator

Responsibilities include:

- **Confirmation of Discharge Orders**
- **Medication Reconciliation, Setup, Teaching/Review**
- **Education: Disease State and Lifestyle Changes**
- **Communication: Health Status with Family Members and Physicians**



# Clinical Pathways/ DSM

- **Specially trained CNAs**
- **RN visits for 4 week period**
- **Care plan adherence**
- **Education Support for lifestyle changes**
- **Monitoring and reporting**

# Hospital Benefit

- **Open Beds (\$\$\$)**
- **Better patient outcomes**
- **Higher patient satisfaction scores**
- **Fewer Hospital Readmissions**

# References

- **National Institutes of Health**
  - <http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001211/>
  - 1-800-352-9424
- **Mayo Clinic**
  - <http://www.mayoclinic.org/congestive-heart-failure>



QUESTIONS